

ANGELA A. STANTON, PH.D.

angela@migraine-book.com

EDUCATION

CLAREMONT GRADUATE UNIVERSITY – Ph.D. Economics; May 14, 2007 Dissertation in Neuroeconomics Title: *Neural Substrates of Decision-Making in Economic Games*.
Chair: Paul J. Zak

HARVARD UNIVERSITY – Visiting Fellow Functional Magnetic Resonance Imaging;
MGH/MIT/HMS Athinoula A. Martinos Center for Biomedical Imaging, Harvard Medical
School (2006) Certificate of Completion

STANFORD UNIVERSITY – MS Management Science & Engineering (2001)

UNIVERSITY OF CALIFORNIA, RIVERSIDE – MBA General Management (1997)

UCLA – BS Applied Mathematics (1995)

CONTINUING EDUCATION CERTIFICATION

Neurology by Nutrition Network—May 7, 2021

American Nutrition Association: Advanced Ketogenic Nutrition—July 26, 2019

Harvard T.H. Chan School of Public Health: Evidence-based Optimal Nutrition: The
Quest for Proof—December 18, 2019

Nutrition Network: Low Carbohydrate High Fat Ketogenic Nutrition & Treatment—
June 3, 2018

CURRENT PROJECTS

- Establishment of the *Stanton Migraine Protocol Inc.*, a nonprofit (IRS approved 501c3);
- Providing continuing education to affiliates of the Stanton Migraine Protocol® to help migraine sufferers worldwide;
- Continued research in migraine prevention via nutritional methods;
- Finishing book on methods of ketosis for migraine prevention and treatment
- Finishing invited textbook section on migraine, using low carbohydrate diet

PUBLISHED BOOKS

**Fighting The Migraine Epidemic: A Complete Guide: How To Treat & Prevent Migraines
Without Medicine – September 29, 2017**

Paperback: 662 pages

Publisher: CreateSpace Independent Publishing Platform (September 29, 2017)

ISBN-10: 154697637X
ISBN-13: 978-1546976370

Fighting the Migraine Epidemic; How to Treat and Prevent Migraines without Medicines. An Insider's View. ISBN: 978-1-4918-6420-3 (sc) ISBN: 978-1-4918-6419-7 (e) Official publish date: 2/10/2014 by AuthorHouse (1st ed)

Contributing author of the **Encyclopedia of the Mind** Harold Pashler editor, January 14, 2013, ISBN-10: 1412950570, ISBN-13: 978-1412950572 Sage Publications

Lead editor and contributing author to **Neuroeconomics and the Firm** May, 2010, Edward Elgar Pub. Chapters written in this book: Chapter 8 ***Hormonal Influence on male decision-making: implications for organizational management***
Chapter 2: coauthored with Dr. Isabel M Welpé ***Risk and ambiguity: entrepreneurial research from the perspective of economics***

Contributing author to **Patenting Lives.** Editor Johanna Gibson (2008, 2010, 2013)
Part 3 Chapter 5: ***Forfeited Consent: Body Parts in Eminent Domain*** provided in 2007 after presenting at the School of Law, Queen Mary University of London.

Published dissertation in book as well as in peer reviewed journal. In book: ***Neural Substrates of Decision-Making in Economics Games: Hormones of Decision-Making*** VDM Verlag, Germany, ISBN-10: 3639153529; ISBN-13: 978-3639153521

PUBLISHED PAPERS & JOURNAL ARTICLES

Stanton, Angela *Plant-Based Panacea? Not Really.* **BMJ Nutrition. Prevention & Health.** Rapid response to: *Plant-based diets, pescatarian diets and COVID-19 severity: a population-based case-control study in six countries.*
<https://nutrition.bmj.com/content/early/2021/05/18/bmjnph-2021-000272.responses#plant-based-panacea-not-really-> June 16, 2021

Stanton, A. A. *Channelopathy and Carbohydrates: Bad Mix for Migraines.* **The FASEB Journal** 34, 1-1, doi:<https://doi.org/10.1096/fasebj.2020.34.s1.02286> (2020).

“Concerns about Misleading Interpretation and Incorrect Conclusion” comment in response to Budhathoki, S. *et al.* Association of Animal and Plant Protein Intake With All-Cause and Cause-Specific Mortality Animal and Plant Protein Intake and Mortality Animal and Plant Protein Intake and Mortality. **JAMA Internal Medicine**, doi:10.1001/jamainternmed.2019.2806 (2019)
<https://jamanetwork.com/journals/jamainternalmedicine/article-abstract/2748453>

“The Ketogenic Diet for Obesity and Diabetes—Evidence Outpaces Enthusiasm” comment in response to “The Ketogenic Diet for Obesity and Diabetes—Enthusiasm

Outpaces Evidence” **JAMA Internal Medicine**

<https://jamanetwork.com/journals/jamainternalmedicine/article-abstract/2737919>

“*Confusing Data Analysis*” **Journal of the American College of Cardiology**, 73(14)
April 16, 2019 <https://doi.org/10.1016/j.jacc.2018.11.065>

“*Dietary carbohydrate intake and mortality: reflections and reactions*” **The Lancet Public Health** Volume 3, Issue 11, page 18, November 2018, DOI:
[https://doi.org/10.1016/S2468-2667\(18\)30205-6](https://doi.org/10.1016/S2468-2667(18)30205-6)

Stanton, A. A. *Migraines and Ionic Variances*. **The FASEB Journal** **32**, 750.751-750.751,
doi:https://doi.org/10.1096/fasebj.2018.32.1_supplement.750.1 (2018).

Stanton, A. A. *Migraine as a Metabolic Disease*. **The FASEB Journal** **31**, 636.627-
636.627, doi:https://doi.org/10.1096/fasebj.31.1_supplement.636.27 (2017).

Stanton, A.A. (2017), *Electrolyte Homeostasis in Migraine*. **The FASEB Journal**, **31**:
1027.1-1027.1. https://doi.org/10.1096/fasebj.31.1_supplement.1027.1

“*A Comment on Severe Headache or Migraine History Is Inversely Correlated With Dietary Sodium Intake: NHANES 1999-2004*” **Headache: The Journal of Head and Face Pain** Volume 56, Issue 7, pages 1214–1215, July/August 2016

“*Functional Prodrome in Migraines*” **Journal of Neurological Disorders**, 4(1) pre-pub
doi: 10.4172/2329-6895.1000256

“*Are Statistics Misleading Sodium Reduction Benefits?*” **Journal of Medical Diagnostic Methods**, 5(1) pre-pub DOI: 10.4172/2168-9784.1000196

“*Migraine Cause and Treatment*” **Mental Health in Family Medicine**, 11(2):69-72

“*Neuroeconomics: A Critique of 'Neuroeconomics: A Critical Reconsideration'*” with French title “*Commentaires sur 'Neuroéconomie: une relecture critique'*” **Revue française d'économie**, Vol. 23, No. 4, April 2009, Angela A. Stanton, Max Planck Institute for Economics Invited paper for special edition

Oxytocin Increases Generosity in Humans with Paul J. Zak and Sheila Ahmadi (2007), **PLoS ONE**, 2(11): e1128

Vasopressin and Punishment with Paul J. Zak and Sheila Ahmadi (2007) published as chapter three of *Neural Substrates of Decision-Making in Economic Games* (2007), **Journal of Dissertation** 1(1) pages 1:63.

Neural Substrates of Decision-Making in Economic Games **Journal of Dissertation**, Vol. 1, No. 1, 2007, Angela A. Stanton, Max Planck Institute for Economics

Commentary: "Passive Prediction of Ambiguity and Risk for Aversive Events." **The Journal of Neuroscience** 2009; 29: 1648-1656

The Correct Definition of Risk and Ambiguity Would Have Provided Different Results. E-letter commentary for Dominik R. Bach, Ben Seymour, and Raymond J. Dolan **Neural Activity**

New Way to Squat without Getting Caught: The Case of the \$750,000 Generic Domain Name – It's Time to Revamp the Internet Domain Name System. GNSO & ICANN Online <http://gns0.icann.org/issues/new-gtlds/new-gtld-pdp-input.htm> (January 2006); presented at the **GNSO Council Meeting in Washington DC** on February 24, 2006

INVITED SPEAKER

Neurology Module by Nutrition Network, three lectures and one interview on migraines for healthcare professionals. These courses provide continuing education credits: <https://nutrition-network.org/neurology/>

World Nutrition Summit: Angela Stanton, PhD: **The Migraine Challenge** <https://www.accelevents.com/e/WorldNutritionSummit/portal/stage/135358> (paid access only)

YOUTUBE INTERVIEWS

BLOG ABOUT ME

<https://keto-mojo.com/article/meet-migraine-expert-angela-stanton-phd/>

YOUTUBE

"dLife.in Podcast: Angela Stanton on Migraines and Low Carb LCHF & Keto Diet"

<https://www.youtube.com/watch?v=w4To7hzK7FA>

"LLVLC Podcast with host Jimmy Moore: Angela Stanton Takes Us To School On Migraines, Hormones, & Keto Carnivore Diets"

<https://www.youtube.com/watch?v=SWeS3X8gbG0>

"Stop Migraines On Demand"--Dr. Angela A. Stanton with Dr. Pete's Keto Club:

<https://www.youtube.com/watch?v=Wec6oAOfM7c>

"MeatRx Carnivore Community Meeting with Angela Stanton, PHD" with Dr. Shawn Baker: <https://www.youtube.com/watch?v=S3Y9I9YdRz8&feature=youtu.be>

The Ketogenic Girl "Electrolytes, Water Retention, Protein & Ketones on Keto and Carnivore with Dr. Angela Stanton":

<https://www.youtube.com/watch?v=htY1swgWVo4&feature&fbclid>

Nutrition with Judy (Part 1): https://www.youtube.com/watch?v=TdV7_rvWoE&t

Nutrition with Judy (part 2): <https://www.youtube.com/watch?v=5pvCsrB2k2A&t>

Dr. Shawn Baker and Zach Bitter: <https://youtu.be/Y-BcsGllgmU>

Biohackers Lab: <https://youtu.be/AjyTLck73gM>

The Ketogenic Girl: <https://www.youtube.com/watch?v=eZHNRIS6qj4>

MeatRx with Dr. Shawn Baker: <https://www.youtube.com/watch?v=u6ppkOujM00&t>

PODCASTS

Boundless Body Radio: <https://www.myboundlessbody.com/podcast-1/episode/4bd47d19/fighting-the-migraine-epidemic-with-dr-angela-stanton-070>

by Carnivore Cast: Dr. Angela Stanton - Migraine Relief, Electrolytes, Keto/Glucose Brain Metabolism

Carnivore Cast: Dr. Angela Stanton - Migraine Relief, Electrolytes, Keto/Glucose Brain Metabolism: <https://www.youtube.com/watch?v=9EHUUOC8zVk&lc>

Bisu: Preventing electrolyte imbalances - how to beat migraines, keto flu & Bloat - Angela Stanton, Ph.D. <https://podcasts.apple.com/us/podcast/preventing-electrolyte-imbances-how-to-beat-migraines/id1513190058?i=1000484946679>

Beyond Keto Summit: The Stanton Migraine Protocol on a 5-day virtual summit, starting January 29, 2020. <https://themidliferelelifeblueprint.app.virtualsummits.com/>

The Cullivate Wellness Podcast: Ep 24 - Dr. Angela Stanton, Migraines, Low Carb, EAT Lancet June 10, 2019 here: <https://podcasts.apple.com/us/podcast/ep-24-dr-angela-stanton-migraines-low-carb-eat-lancet/id1449504334?i=1000441107513>

Inner Fire Podcast: Angela A Stanton, PhD podcast July 5, 2017 here:

<https://www.stitcher.com/podcast/inner-fire-podcast/e/59441813>

THE MORNING SHOW with Patrick Timpone, February 2, 2017 here:

<https://oneradionetwork.com/all-shows/angela-stanton-phd-author-fighting-migraine-epidemic-treat-prevent-migraines-without-medicines-insiders-view-february-2-2017/>

PUBLISHED PRESENTATION ABSTRACTS

Migraines and Ionic Variances. **The FASEB Journal** 20 April 2018 Abstract #750.1
https://www.fasebj.org/doi/10.1096/fasebj.2018.32.1_supplement.750.1

The Ionic Nature of Migraines. AAAS, Pacific Division 98th ANNUAL MEETING June 2017, oral presentation

Migraine as a Metabolic Disease. **The FASEB Journal** April 2017, Abstract #636.27
https://www.fasebj.org/doi/abs/10.1096/fasebj.31.1_supplement.636.27

Electrolyte Homeostasis in Migraine. **The FASEB Journal** April 2017, Abstract #1027.1
https://www.fasebj.org/doi/abs/10.1096/fasebj.31.1_supplement.1027.1

INVITED PUBLISHED BLOG ARTICLES

Medium

What We So far Know of Covid-19 May 26, 2020

Our Kids Are In Ketosis September 28, 2019

Fight Migraine with Ketosis the Right Way July 20, 2019

Hormones Matter

www.hormonesmatter.com

Are Vegan Diets Heart Healthy: A Case Study. June 24, 2021
If Ketosis is Only a Fad, Why Are Our Kids in Ketosis? January 2, 2020
Should You Supplement Potassium? August 13, 2019
The Many Lives of Carbohydrates June 4, 2019
Cymbalta: A Neurological Damage Machine February 28, 2019
Statins: Who Needs Them? February 14, 2019
Protein—A Most Confusing Word January 2, 2019
Aimovig: A Miracle Migraine Treatment or Unnecessary Risk? August 9, 2018
Why Glucose Testing for Diabetes is Inaccurate June 26, 2018
Gluten-free: Is That Enough? June 5, 2018
Migraine: Do We have It All Wrong? May 2, 2018
Carbohydrate Addiction March 13, 2018
Migraine as a Metabolic Disease February 8, 2018
Genetics and the Migraine Brain: Mutation, Adaptation, or Variance? January 16, 2018
Health and the Nutrition Connection: Focus on Fats and Cholesterol November 14, 2017
The Insulin Resistance Time Bomb September 12, 2017
Stress, Hormones, and Migraine July 10, 2017
Topamax Revisited June 12, 2017
Anecdotal Evidence Butts Heads with Science on Matters of Diet June 5, 2017
Migraine: Do We Have It All Wrong? May 3, 2017
Genetics and the Migraine Brain: Mutation, Adaptation, or Variance? April 6, 2017
Migraine Brain as a Survival Advantage: Connecting the Dots with Angela A. Stanton
February 1, 2017
The Ketogenic Diet: What You Need to Know – January 18, 2017
Hydration, Thirst, and Drinking Water (modified) – December 27, 2016
Diet Choices: Moving Beyond the Want Culture – November 29, 2016
The Surprising Connection Between Migraines and Nitrates November 14, 2016
Why Academic Research is Dead – October 11, 2018
The Clash of Food Civilizations: Sugar Versus Fat – September 19, 2016
The Misguided Battle Against Dietary Fat and Cholesterol – August 8, 2016
Happy Ending to Migraines: The Benefits of Milk – May 25, 2016
Those Evil Grains: Gluten Free versus Grain Free – March 9, 2016
Himalayan Salt – Flint on Global Scale? January 25, 2016
Silent Death – Serotonin Syndrome; November 30, 2015
Triptan ± SSRIs ± Migraines ± Depression: Flip a Coin; October 12, 2015
Topamax: The Drug with 9 Lives; September 10, 2015
Hydration, Thirst, and Drinking Water; July 28, 2015
Pregnancy Toes – What Sugar Does to Feet; February 9, 2015
Sweet Death by Sugar. Monday; January 19th, 2015
Why Are We So Scared Of Salt?; January 13th, 2015
The Truth About Salt; December 29th, 2014
Migraines And Hormones: Behind The Curtain; December 15th, 2014
The Anatomy Of A Migraine; November 17th, 2014

Dehydration And Salt Deficiency Trigger Migraines; November 4th, 2014

OTHER PUBLISHED BLOG ARTICLES

New Drug Approved? Really? Why? June 9, 2021
Fuming Over Clueless Doctors: Statins. June 8, 2021
What Will They Do When It Happens To Them? December 20, 2020
Long Covid, Short Covid, Don't Know If Covid—What Do You Have? November 26, 2020
Eating Your Way to Death—Literally September 2, 2020
Do Masks Help Stop the Spread? August 19, 2020
Are We Out of the Woods? Covid-19 Update July 22, 2020
Covid-19 from Up-Close May 25, 2020
Herd Immunity, R(o), and a Virus We Barely Know May 22, 2020
Letter to the Migraine World Summit by a Migraineur April 18, 2020
Why Don't They Follow What Works? April 2, 2020
Clinical Course on Covid19—Vital Signs march 28, 2020
Stanton Migraine Protocol in a Dutch Magazine? March 20, 2020
Where is the Critical Media? February 26, 2020
Paradigm Shift: The Importance of the Right Anecdotal Evidence February 4, 2020
Do You Like to Drink? January 15, 2020
Ketosis, Fad Diets, & facts January 2, 2020
Keto-Mojo Blogs About Stanton Migraine Protocol December 2, 2019
Bad Science & Social Media Chatter November 27, 2019
Why We Can't Beat The Vegans To It October 30, 2019
Children in Ketosis: The Feared Fuel October 12, 2019
Where is the Beef? The 6 Papers That Turned the World Up-Side-Down October 1, 2019
Osteocalcin and Atherosclerosis September 17, 2019
Statin Lies September 3, 2019
Yet One More Junk paper in JAMA Internal Medicine August 29, 2019
How far Will They Go? August 22, 2019
Hypertensive 90-year Old Recovers on the LCHF Diet July 31, 2019
Silence on the US Front—News Flash of US Research from the UK! June 21, 2019
Carbs, fat, Sugar, & All That Jazz: A Willett Lecture May 4, 2019
Newsflash & The Fallacy of Percentages April 17, 2019
War Against Red Meat April 16, 2019
The Potassium Myth April 1, 2019
Medical Misinformation—a Letter About Statins February 23, 2019
Letter to Dr. Gunhild A. Stordalen January 29, 2019
The Eat-Lancet Commission: The World's Biggest Lie January 19, 2019
A Correct Diet Shall Include Animal Protein of High Biological Value January 18, 2019
Why Would You Ever Choose Olive Oil Over Butter? January 5, 2019
The New ADA Standards of Medical Care January 1, 2019
An Image that say it All December 29, 2018
FDA Quinolones Petition Response 4-Years in The Making December 24, 2018
Fluoroquinolones & Aneurysm the FDA warns December 20, 2018
NIH Commentary for Nutrition Research December 19, 2018

Astroturfing Revealed—the Ruining of Wikipedia December 12, 2018
One More Misleading Article November 29, 2018
Sugar to Type 2 Diabetes to Warning Labels November 9, 2018
Reflections on a Carbage Article November 5, 2018
An Apology—Thank You Dr. Lundberg August 29, 2018
The Ripple-Effects of Bad Science August 25, 2018
When Bad Science Can Harm You August 17, 2018
Are You eating Anti-Nutrients Instead of Nutrients? August 11, 2018
Stanton Migraine Protocol in the Daily Mail July 30, 2018
The UK is Going LCHF June 6, 2018
Doctors are Starting to Understand the NEW Diet! March 21, 2018
A Most Amazing Migraine Treatment March 21, 2018
USDA Dietary Guidelines; Will They Change? March 20, 2018
Ignore government nutrition guidelines—UK Prime Minister told! March 14, 2018
An Amazon Book Review that Made Me Cry February 23, 2018
What’s Wrong in “The keto diet, explained” on Vox February 21, 2018
The Science of Fasting that No One Knew About February 19, 2018
The connection of Trehalose & deadly pathogens January 23, 2018
Statins: The Grand Fraud! January 22, 2018
Those Impossible Blood Glucose Meters! December 9, 2017
Health & Nutrition: Fat-Focus November 15, 2017
A New Disruptive Technology: Self-Healthcare June 10, 2017
Migraineurs are Helped by a Medicine-Free Protocol April 9, 2017
The Forbidden Truth March 20, 2017
Received a Threat for This Article March 16, 2017
The Aspirin Scam March 8, 2017
Do you have questions about migraines? January 31, 2017
Skittles Fatten Cows! Wait a Minute! We Give Those to Our Kids Too! January 21, 2017
Support Petition for Healthy Nutritional Guidelines! December 19, 2016
Ignorance? Fear of New? Stupid? December 10, 2016
A Migraineur in a Noisy Jazz Club Without Migraine? December 10, 2016
Angry! I am Very Angry! November 15, 2016
Why the Recent Milk Research Is Faulty November 6, 2016
Why Predatory Journals Will Take Over October 11, 2016
The Funniest Testimonial October 1, 2016
What Medicines Can Do: Type II Diabetes Anyone? September 21, 2016
Tasmania: Cherry Pie to replace Bacon & Eggs? September 20, 2016
A Clueless Doctor September 16, 2016
Are You Faking Ketosis? September 9, 2016
How Much Sugar Is In Your Blood? September 8, 2016
Master’s in Mechanical Engineering; Stanton Migraine Protocol to the Rescue! August 28, 2016
Act Now! FDA Comment Period on Dietary Sodium! August 18, 2016
Quinolone Antibiotics – Black Box Released! August 15, 2016
Recommending Low Carbs by an MD is Not Permitted! August 13, 2016
Olive Oil Meets Steak – Time to Compare Fats! August 12, 2016

How Much Cholesterol is Healthy? July 31, 2016
How Running Marathons Led me to the Cure for Migraines July 29, 2016
Medical Code of Ethics 2016 July 18, 2016
They Think They Can Hide The Truth! Nanana!!! July 14, 2016
The Truth Revealed in the UK–Then Silenced... Again! July 13, 2016
Are You Dumifying Yourself Taking Statins? July 12, 2016
Some Tradeoff: Candy vs. Kidney Damage July 14, 2016
A Revolutionary Researcher; Will She Drive Your Next Cab? May 26, 2016
Milk, Fats, Cholesterol, Salt & Good Bye Migraines. May 25, 2016
Migraines versus Headaches—a video May 18, 2016
FDA ruling on Quinolones! FINALLY!!! May 12, 2016
HealthyMama Magazine on a Fiery Subject. March 29, 2016
The New Fad: Alternating Carbs-Fat Diet! BAD! February 6, 2016
Lead Poisoning: Flint & Himalayan Salt. January 25, 2016
Showdown Time! January 20, 2016
Acidic or Alkaline? Your Health in Question. December 25, 2015
How a Migraineur Achieved the Impossible in an Ignorant & Hurtful World! December 19, 2015
The Best Thing About migraine: Preventable! Read this cute story! December 17, 2015
Salt and BP: Are Studies Using Statistics Right? December 10, 2015
PTSD; December 5, 2015
Serotonin Syndrome – a Killer that Doctors Need to Learn About; November 30, 2015
Big Pharma as Organized Crime by Dr. Peter Gøtzsche; November 20, 2015
The McDonaldization of Medicine” Seriously?; November 16, 2015
Will a Medicine Help You? The Numbers Will Shock You!; November 8, 2015
Low Salt for Heart Health? Look Again!; November 5, 2015
Where is My Bacon!; October 27, 2015
Triptans & SSRIs: for Migraines & Depression?; October 12, 2015
5” Grain Belly Then Some!; September 26, 2015
In the Jungles of Panama: Sugar is Not Permitted!; September 20, 2015
Banana Detox? Oh My! Run That By Me Again Please!; September 15, 2015
Artificial sweeteners, Sugar alcohols, Novel, & Natural non-sugar sweeteners; September 8, 2015
Neurogenesis: Change Your Destiny in Life; September 5, 2015
How Pharmaceuticals Make Mountains of Money from Molehills of Illnesses!; August 18, 2015
Levaquin, Cipro, & Avelox Lawsuit!; August 13, 2015
Let’s Get Active Against Sugar!; August 4, 2015
The FDA: Approving Treatments of Unfamiliarity; July 29, 2015
And the Fight Goes On!, July 24, 2015
Sugar!!! Finally! Trash it!; July 17, 2015
Vegetarian, Vegan Diets, & Antioxidant Supplements: Are They Good for You?; July 11, 2015
Clueless Doctors Reporting Service!; June 14, 2015
Drugs & Doctors of Shame!; June 6, 2015
Drugs of Shame – Introduction; May 29, 2015

Migraineurs Are Forced to Quit Drugs in Secret!; May 25, 2015
Act Now Against Cipro! The FDA is Ready!; May 2, 2015
Cluelessness at its Best; April 22, 2015
Once Upon a Time There Was Facebook; April 12, 2015
Sugar, How We Love You and How You Kill Us!; April 4, 2015
Drugs Destroy Minds; March 10, 2015
Aha! Antidepressants Can Hurt More Than Help!; February 14, 2015
Dependence, SSRIs, SNRIs, & Addiction; February 23, 2015
Doctors & Money – Now We Can Check Who Gets Paid Off!; February 9, 2015
A Life Trashed as the Legal and Medical Systems Shook Hands; February 5, 2015
Big Pharma! What Are You Doing?; January 26, 2015
GI and BMI; Do They Mean Anything?; January 20, 2015
Really Clueless Doctors and Healthcare!; January 17, 2015
It Is Not Fibromyalgia! Read On!; January 12, 2015
Ha! One More Post for the Day!; December 31, 2014
Sugar, Sugar Substitutes, Headaches & Migraines; December 30, 2014
The Truth and Myths About Salt and Salt Types; December 28, 2014
The Magic of Salt!; December 22, 2014
Psychotropics and Your Health!; December 20, 2014
3 Days to Hell! Ambien!; December 19, 2014
SSRIs and Benzodiazepines. Which is Addictive?; December 1, 2014
Anxiety! Why Do Doctors Think that Being Nervous is Anxiety or Depression?;
November 24, 2014
Do You Know the Anatomy of Migraine is Now Known?; November 17, 2014
Did You Break a Nail? Oh My. Here is an SSRI Drug For You!; November 10, 2014
FDA: Epidural Steroid was Off-Label Use? Really? It Was NEVER Approved for That?;
November 4, 2014
Aspirin, Heart-attack, & Stroke; November 3, 2014
ADD & ADHD; Do You Really Need to Drug Kids?; October 31, 2014
And I Thought a Citizen Petition with the FDA Uses the Language of a Citizen!; October
27, 2014
You Can Only Sue Brand Name Drugs that are Never Prescribed!; October 26, 2014
Is This Really The Industry's Response to a Preventable Illness? Eek!; October 23, 2014
One Life Less Because of Ciprofloxacin (Cipro)! In Honor of One Who Died!; October
23, 2014
How to Petition Against Cipro & Other Quinolones at FDA! Read My Instructions!;
October 21, 2014
Starch? No problem! They are Fiber! Did You Know That?; October 20, 2014
6% Commission Goes to Doctors for Prescribing Drugs!; October 18, 2014
Well Ciprofloxacin is Back on My Radar! Read the New Info!; October 17, 2014
Dear Ebola!; October 15, 2014
Academic Research, Rivalry, Hidden Lies, & Now You Know Why Your Drugs Kill
You!; October 14, 2014
Those Pesky Inactive Ingredients in Generic Drugs! Cipro vs. Ciprofloxacin.; October 13,
2014

What to Do If You Are a Victim of Quinolone (Cipro and others) Drugs!; October 8, 2014
Scientific Evidence on Cipro and Similar! In Case You Had Doubts!; October 8, 2014
Those Amazing Antibiotics & How One Class Hurts You; October 6, 2014
High Dose Flu Shot or NOTHING! Ultimatum By the FDA!; October 4, 2014
All You Want to Know About SUGAR & Sugar Substitutes!; October 3, 2014
The Killer Artificial Sweeteners and Sugars; September 17, 2014
Salt; the Good, the Bad, and the Evil. Finally It Is the GOOD!; September 14, 2014
Mind Over Body; Can You Do That?; September 9, 2014
Antidepressants for Anxiety? Why?; September 5, 2014
The Medications We Take; the Scam!; September 3, 2014
Are You Thirsty All The Time?; August 27, 2014
Are You Always Craving Sweets? Sugar Substitutes & the BIG Secret!; August 26, 2014
What Salt Are You Eating?; August 18, 2014
Salt and Your Heart; Do You Really Need to Lower Your Salt?; August 9, 2014
Off-Label Prescription Use Should Be Illegal!; August 7, 2014
Iodine in Salt and Why You Need It!; August 3, 2014
Food For Thought: The Roman Time Salary Was in Salt!; August 2, 2014
Oh My! We are Medicating Children for Migraines with What???: August 1, 2014
SSRI and Impotency... Hahahaha... I Knew More Bad Stuff Would Come to the Surface; July 27, 2014
Big Win over The Medical Industry Today!; July 24, 2014
Brand Name versus Generic Drugs. Are You in Danger of Clueless Doctors?; July 18, 2014
Salt, Government, Doctors and People!; July 15, 2014
We Know We Are Doing Bad Medicine... But.... Said the Doctor...; July 9, 2014
Symptom or Cause? Why Can't They Get It Right?; July 7, 2014
Medication: Brand Name then Brand Name and then Brand Name again!; July 5, 2014
Vacation Over – Medical Reality Hits Again!; June 28, 2014
SSRI Danger for Migraine and Depression Sufferers; June 5, 2014
Serotonin and Migraines: a Second Take; June 2, 2014
Why Do Triptans Sometimes Work & Other Times Don't for Migraines? May 30, 2014
LinkedIn: Are You Linked or Doomed? May 24, 2014
Migraines in Tea-Drinking Countries; May 22, 2014
Corruption of the Medical System–Medical Fraud! May 20, 2014
And You Believe in Your Doctor You Say? May 19, 2014
Doctors versus You. Who is Better at Curing You? May 18, 2014
Migraine Facts: Slow Down and Read This; May 17, 2014
Medicare Screwed? Fraud? Just Another Day in California Medical System! May 14, 2014
Parathyroids and How Tricky and Dangerous–and Misunderstood they are! May 6, 2014
High Blood Pressure is Good For You; Did You Know that? May 5, 2014
Are the Rats too Scared to Get the Right Research and Dose? May 5, 2014
Migraine drug removed from use by the European Medicines Agency. Make sure you are not on it even in the US! May 2, 2014
The Pharmaceutical Industry's Confession; May 2, 2014

Why you should Never trust your doctor! May 2, 2014
Quote from Dr. Sanjay Gupta: “The food we eat is medicine” and how does that connect to migraines? May 2, 2014
Are you Sure you are Having Migraines? Awesome Summary; May 1, 2014
What Are Migraines? An Amazing Explanation via a Video!; May 1, 2014
All Migraines Have the Same Cause According to this Video from Mayo Clinic; May 1, 2014
What are migraines? A video from Baylor University; May 1, 2014
Do you think a calorie is a calorie from any sugar?; April 30, 2014
How To Become Diabetic on Diet Drinks and Diet Food!; April 30, 2014
Durable Power of Attorney–Why You Need it And Why You Don’t!; April 29, 2014
The Magic Pill – Rush to Nowhere; April 13, 2014
Dying Person with Paralyzed Throat given Oral Medication?; April 8, 2014
CluelessDoctors Founder Will Head to Challenge as Activist!; April 8, 2014
Clueless Doctor Causes Stroke; April 4, 2014
Serotonin, NIH, and Malpractice–totally clueless; March 29, 2014
Clueless versus Incompetent versus Malpractice versus Crime; March 26, 2014
Clueless Doctors; an introduction; March 18, 2014
The Genetics of Migraine & The Stanton Migraine Protocol® August 17, 2016
Functional Prodrome in Migraines–from the article June 17, 2016
I Published 2 Years Ago–New Researchers Claim to Be the Founders WOW! April 1, 2016
Grains and Migraine. March 9, 2016
What Are Migraine Prodromes? You Think You Know? February 16, 2016
Salt Increases BP? Really? January 30, 2016
Serotonin Syndrome: What Every Migraineur Should Know. November 30, 2015
Migraine Cause & Treatment Explained by New Article. November 28, 2015
Big Pharma, Medicines, Migraines, and The Truth!; August 17, 2015
Water Challenge, Clear Urine, & Migraines; July 10, 2015
Migraines, Serotonin, & Carbohydrates: the Connection; July 8, 2015
A Letter to National Pain Report that will NEVER be Published!; June 14, 2015
Low Salt is Bad for You! On Fox News!; May 17, 2015
Depression, Anxiety, Chronic Fatigue Syndrome, Migraine & Salt!; March 5, 2015
Sugar, Sugar Substitutes, Headaches & Migraines; December 30, 2014

CONFERENCE PRESENTATIONS, WORKSHOPS, CAUCUSES

Poster presentation at American Nutrition Association Conference 2019, San Diego, California, November, 2019 Personalized Nutrition

Title: ***Migraine: From Chronic Disease to Regeneration by Nutrition***

Poster presentation at the Experimental Biology Conference 2018 (APS/Physiology), San Diego, California April 23, 2018

Title: ***Migraines and Ionic Variances***

Session: Ion Channels, Transporters, and Pumps in Health and Disease

Oral presentation at the AAAS, Pacific Division 98th ANNUAL MEETING Waimea • Big Island • Hawaii 19 – 23 June 2017

Title: ***The Ionic Nature of Migraines.*** (Abstract #109)

Presented at the Experimental Biology and APS (American Physiological Society) conference, Chicago, April 22-26.

Titles presented per session:

Experimental Biology: ***Electrolyte Homeostasis in Migraine***

American Physiological Society: ***Migraine as a Metabolic Disease***

The Questions (Not So) Rational Entrepreneurs Ask: Decision-Making through the Lens of Neuroeconomics, Professional Workshop organized for the Academy of Management conference, Anaheim, CA, August 8 – 11, 2008; sponsored by the Entrepreneurship and the Research Methods Division, in co-organization with Mellani Day, Isabell Welpé, David Audretsch, and Zoltan Acz.

Neuroeconomics of Organizations: Developing and New Field of Research, a caucus organized for the Academy of Management conference, Anaheim, CA, August 8 – 11, 2008, in co-organization with Mellani Day, Isabell Welpé, David Audretsch, John Dickhaut, Veronica Gustafsson, Sameeksha Desai, and Zoltan Acz.

Molecular Rationality: An Evolutionary and molecular Model of Economic Rationality, November 21 - 23, 2009, ESA session at the Southern Economic Association annual conference, San Antonio, TX.

Risk and Ambiguity: The Theoretical Model and its Human Representation.

Invited Keynote Speaker at the Behavioral Finance & Economics Research Symposium, September 23-25, 2009, Chicago, Ill., for the Academy of Behavioral Finance & Economics joint/general session with the Academy of Entrepreneurial finance.

Homo Irrationalicus: An Evolutionary Explanation of Rationality, 21st Annual Meeting of the Human Behavior & Evolution Society, May 2009, California State University, Fullerton, CA, USA

Organizational Adaptation: Neuroscience Methodologies and Opening the Black Box with Mellani Day (Colorado Christian University, USA) and Isabell M. Welpé (Ludwig-Maximilians University, Germany), Fifteenth Annual Organization Science Conference, February 5-8, 2009, Steamboat Springs, Colorado, USA

Neuroentrepreneurship: Hormones and Entrepreneurial Decision Making.

Biology of Cognition, Chateau Hotel Mont Royal, Chantilly, France, October 16-18, 2008.

Evolutionary Neurobusiness. NeuroPsychoEconomics Conference, Munich, Germany, October 9-10, 2008.

Neuroentrepreneurship: The Hormones of a Successful Entrepreneur & Corporate Leaders.

Economic Science Association (ESA), Lyon, France, 11-14 September, 2008.

Is Homo Economicus a Myth? Should Organizations Care?

A special symposium organized for the Academy of Management conference, Anaheim, CA, August 8 – 11, 2008, sponsored by the Entrepreneurship and Management Organizational Cognition Divisions, in co-organization with Mellani Day, Isabell Welp, Sameeksha Desai, David Audretsch, John Dickhaut, Joyce E. Berg, Chandra Kanodia, Veronica Gustafsson, and Zoltan Acs.

Homo corporaticus: Hormones and Institutions.

ISNIE, June 20-21, 2008. University of Toronto, Toronto, Canada.

Oxytocin Increases Generosity in Humans.

Society for Neuroscience Annual Conference, San Diego, CA 2007

A Reciprocity Model of Innovation in Teams: An Agent's Choice.

67th Annual Meeting of the Academy of Management in Philadelphia, Pennsylvania 2007; also presented at the 11th Annual Conference of ISNIE at the University of Iceland in Reykjavik, Iceland 2007

Oxytocin Increases Generosity.

ESA World Meeting at LUISS in Rome, Italy 2007

A Model for Reciprocity.

Thinking&Doing Conference by ESNIE and ISNIE, Boulder, CO 2006.

Mean Reversion Model with Jumps: An Application in Forecasting Commercialization of Drugs for a Biomedical Company.

81st Annual Conference of the Western Economic Association International, San Diego, California, 2006.

Teams, Trust, and Human-Agent.

ESNIE, Corsica, France 2006.

Forfeited Consent: Body Parts in Eminent Domain.

Patenting Lives Conference, Queen Mary Intellectual Property Research Institute, University of London 2005.

Medicine and Public Health.

Panelist at Patenting Lives Conference, Queen Mary Intellectual Property Research Institute, University of London 2005.

Teams, Trust, and Principal-Agent.

European Institute of Advanced Studies for Management, 3rd Workshop on Trust Within and Between Organisations, Special Session IV. Amsterdam, the Netherlands 2005.

Mathematical Foundation of a Decision Model for Financial Accounting Information Processing.

MBA thesis. University of California, Riverside, 1997. Committee Chair: Waymond Rogers, Members: Sarkis J. Khoury and Woody Liao .

Throughput Modeling Financial Information Used by Decision Makers.

Waymond Rodgers. My MBA Thesis (listed above) is published in Chapter Four (1997) JAI.

MEMBERSHIPS

American Academy of Neurology (AAN)

American Association for the Advancement of Science (AAAS)

Elected charter member of the American Nutrition Association (ANA)

American Diabetes Association (ADA)

Elected member of the American Physiological Society (APS)

International Association for the Study of Pain (IASP)

International Headache Society (IHS)

The New York Academy of Sciences (NYAS)

Lifelong emeritus member of the Society for Neuroscience (SfN)

TEACHING & RESEARCH

Independent Researcher 2010 to present

External Research Fellow 7/2008 – 2010
Max Planck Institute for Economics, Jena, Germany

Visiting Scholar 5/2007 – 2010
Center for Neuroeconomics Studies, Claremont Graduate University, Claremont, CA

Assistant Professor of Economics (visiting) 8/2007 – 8/2008
George L. Argyros School of Business and Economics, Chapman University, Orange, CA

Research Assistant to Paul J. Zak 8/2003 – 5/2007
Center for Neuroeconomics Studies, Claremont Graduate University, Claremont, CA

Adjunct faculty 9/ 2004 – 12/ 2004
George L. Argyros School of Business and Economics, Chapman University, Orange, CA

Adjunct faculty

University of California, Berkeley Extension, Berkeley, CA

6/1998 – 6/2003

PROFESSIONAL CORPORATE CAREER HISTORY

Executive, advisory and management roles between 1998 and 2003 at Visa, Intel, and others.